

# BIG IDEAS

## BIG IDEAS:

### THE BAHÁ'Í FAITH AND THE ISSUES OF OUR TIME

Please join us for a series of talks addressing some of humanity's shared challenges and opportunities as we work to advance an emerging global civilization. This series brings together current research, experience, contemporary discourses and Bahá'í perspectives.

*"Be anxiously concerned with the needs of the age ye live in and its exigencies and requirements." ~ Bahá'í Writings*



Friday, April 26, 2024, 7:30 EDT

### "Spiritual Dimensions of Conflict Resolution"

with Cheshmak Farhoumand-Sims

Drawing on faith-inspired frameworks, and particularly the Baha'i writings, this presentation seeks to explore peacebuilding and conflict resolution through a spiritual lens by reflecting on the idea that all the major problems of the world, including war, are merely outer symptoms of deeper problems going on in people's hearts due to their disconnect from their spiritual nature. According to this view, we will never be able to solve these issues in any meaningful way as long as we don't give due attention to our own spiritual nature. As we have seen, no amount of legislation, administration and policymaking can change the heart. It is therefore through spiritual transformation and insights that deep rooted shifts in our relationship to one another and to nature can take place, and solutions to the world's ills found and applied.

**About Cheshmak** Cheshmak has been involved in peacebuilding and conflict resolution in one way or another for almost 40 years. In addition to working as a university professor in the field, she has travelled and worked in Afghanistan, advanced Canadian government policies and programs on these issues, and had the privilege of representing Canada at international fora related to international peace-related issues. Since fall 2023, with the help of a wonderful circle of friends, Cheshmak has been facilitating 'Soulful Conversation Devotional Gatherings' to promote peace and understanding, and to foster hope and healing in her community. She is married and has four sweet children who inspire her every day to try to make the world more loving, peaceful and equitable for everyone.

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7:30 p.m. EDT

Join Zoom Meeting

<https://us02web.zoom.us/j/81541909094?pwd=Vlc0VXpjTTdLN3VwaVZYZW1vNUhPUT09>

Meeting ID: 815 4190 9094  
Passcode: 721299

For dial-in codes please contact:

[bigideasottawa@gmail.com](mailto:bigideasottawa@gmail.com)

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